

March Snack

Sun	Mon	Tue	Wed	Thu	Fri	() Sat /
*100% Juice served with snack unless otherwise noted.					Wheat Thins (WG) Cucumber With Ranch Water	
3 18 Months- 2 Year Olds 1/2 Oz- Grains 1/2 Cup Fruit or Vegetable 1/2 Cup- Milk	Ritz (WG) Broccoli with Ranch Water	5 Graham Crackers Bananas Water	6 Trail Mix	7 Fish Crackers (WG) Baby Carrots With Ranch Water	8 Pretzels	9 18 Months– 2 Year Olds 1/2 Oz– Grains 1/2 Cup Fruit or Vegetable 1/2 Cup– Milk
3-5 Year Olds 1/2 Oz- Grains 1/2 Cup Fruit or Vegetable 1/2 Cup Milk	Ritz (WG) Melon Water	Cereal Mix (WG)	Animal Crackers Bananas Water	14 Wheat Thins (WG) Applesauce Water	Refried Beans Tortilla Chips	3-5 Year Olds 1/2 Oz– Grains 1/2 Cup Fruit or Vegetable 1/2 Cup Milk
17 6-12 Year Olds 1 Oz— Grains 3/4 Cup Fruit or Vegetable 1/2 Cup Milk	Carrots w/ ranch Ritz (WG) Water	19 Graham Crackers	20 Ritz (WG) Cucumber With Ranch Water	21 Pretzels	Graham Crack Mixed Fruit Water	23 6-12 Year Olds 1 Oz- Grains 3/4 Cup Fruit or Vegetable 1/2 Cup Milk
24	Nachos Nachos	Cheez-Its Apples Water	Chips and Salsa	28 Saltines (WG) Oranges Water	Wheat Thins (WG) Cucumber With Ranch Water	* WG= Whole Grain
*This institute is an equal opportunity provider.						