









December Snack



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>*100% Juice served with snack unless otherwise noted</i></p>	<p>2</p> <p>Nachos</p> 	<p>3</p> <p>Cheez-Its Apples Water</p>	<p>4</p> <p>Chips and Salsa</p>	<p>5</p> <p>Saltines (WG) Oranges Water</p>	<p>6</p> <p>Wheat Thins (WG) Cucumber With Ranch Water</p>	<p>7</p> <p><i>*This institute is an equal opportunity provider.</i></p>
<p>8</p> <p>18 Months– 2 Year Olds 1/2 Oz– Grains 1/2 Cup Fruit or Vegetable 1/2 Cup– Milk</p>	<p>9</p> <p>Ritz (WG) Broccoli With Ranch Water</p>	<p>10</p> <p>Graham Crackers Bananas Water</p>	<p>11</p> <p>Trail Mix</p>	<p>12</p> <p>Fish Crackers (WG) Baby Carrots With Ranch Water</p>	<p>13</p> <p>Pretzels</p> 	<p>14</p> <p>18 Months– 2 Year Olds 1/2 Oz– Grains 1/2 Cup Fruit or Vegetable 1/2 Cup– Milk</p>
<p>15</p> <p>3-5 Year Olds 1/2 Oz– Grains 1/2 Cup Fruit or Vegetable 1/2 Cup Milk</p>	<p>16</p> <p>Ritz (WG) Melon Water</p>	<p>17</p> <p>Cereal Mix (WG)</p>	<p>18</p> <p>Animal Crackers Bananas Water</p>	<p>19</p> <p>Wheat Thins Applesauce Water</p>	<p>20</p> <p>Refried Beans Tortilla Chips</p>	<p>21</p> <p>3-5 Year Olds 1/2 Oz– Grains 1/2 Cup Fruit or Vegetable 1/2 Cup Milk</p>
<p>22</p> <p>6-12 Year Olds 1 Oz– Grains 3/4 Cup Fruit or Vegetable 1/2 Cup Milk</p> 	<p>23</p> <p>Carrots w/ ranch Ritz (WG) Water</p>	<p>24</p> <p>Graham Crackers</p> 	<p>25</p> <p>Center Closed In Observance of Christmas Day</p>	<p>26</p> <p>Center Closed In Observance of Christmas Holiday</p>	<p>27</p> <p>Graham Crackers Mixed Fruit Water</p>	<p>28</p> <p>6-12 Year Olds 1 Oz– Grains 3/4 Cup Fruit or Vegetable 1/2 Cup Milk</p>
<p>29</p>  <p><i>* WG= Whole Grain</i></p>	<p>30</p> <p>Nachos</p>	<p>31</p>  <p>Center Closed In Observance of New Years Eve</p>	