

April Snack



Sun	Mon	Tue	Wed	Thu	Fri	Sat
*100% Juice served with snack unless otherwise noted.	Ritz (WG) Broccoli With Ranch Water	Graham Crackers Bananas Water	3 Trail Mix	Fish Crackers (WG) Baby Carrots With Ranch Water	5 Pretzels	6 18 Months—2 Year Olds 1/2 Oz— Grains 1/2 Cup Fruit or Vegetable 1/2 Cup— Milk
7 18 Months— 2 Year Olds 1/2 Oz— Grains 1/2 Cup Fruit or Vegetable 1/2 Cup— Milk	8 Ritz (WG) Melon Water	9 Cereal Mix (WG)	Animal Crackers Bananas Water	Wheat Thins Applesauce Water	12 Refried Beans Tortilla Chips	3-5 Year Olds 1/2 Oz- Grains 1/2 Cup Fruit or Vegetable 1/2 Cup Milk
14 3-5 Year Olds 1/2 Oz— Grains 1/2 Cup Fruit or Vegetable 1/2 Cup Milk	Carrots w/ ranch Ritz (WG) Water	16 Graham Crackers	Ritz (WG) Cucumber With Ranch Water	18 Pretzels	19 Graham Crackers Mixed Fruit Water	20 6-12 Year Olds 1 Oz- Grains 3/4 Cup Fruit or Vegetable 1/2 Cup Milk
21 6-12 Year Olds 1 Oz— Grains 3/4 Cup Fruit or Vegetable 1/2 Cup Milk	22 Nachos	Cheez-Its Apples Water	24 Chips and Salsa	25 Saltines (WG) Oranges Water	26 Wheat Thins (WG) Cucumber With Ranch Water	27
*This institute is an equal opportunity provider.	Ritz (WG) Broccoli With Ranch Water	30 Graham Crackers Bananas Water				* WG= Whole Grain