



October Snack



Sun	Mon	Tue	Wed	Thu	Fri	Sat
100% Juice Served with Snack Unless Otherwise Noted*					1 REFRED BEANS & CHIPS	2 3-5 Years 1/2 slice\serving or 1/4 cup 3/4 cup 3/4 cup Milk
3 2 Year Olds 1/2 slice\serving or 1/4 Cup 1/4 Cup 1/2 Cup Milk	4 CARROTS W/ RANCH RITZ (WG) WATER	5 GRAHAM CRACKERS	6 MELON RITZ (WG) WATER	7 PRETZELS	8 GRAHAM CRACKERS FRUIT COCKTAIL WATER	9 3-5 Years 1/2 slice\serving or 1/4 cup 3/4 cup 3/4 cup Milk
10 2 Year Olds 1/2 slice\serving or 1/4 Cup 1/4 Cup 1/2 Cup Milk	11 NACHOS	12 CHEEZITS	13 CHIPS AND SALSA WATER	14 ORANGES & SALTINES	15 CUCUMBER W/ RANCH WHEAT THINS (WG) WATER	16 3-5 Years 1/2 slice\serving or 1/4 cup 3/4 cup 3/4 cup Milk
17 2 Year Olds 1/2 slice\serving or 1/4 Cup 1/4 Cup 1/2 Cup Milk	18 BROCCOLI W/ RANCH RITZ (WG) WATER	19 GRAHAM CRACKERS FRUIT COCKTAIL WATER	20 TRAIL MIX	21 FISH CRACKERS (WG)	22 PRETZELS	23 3-5 Years 1/2 slice\serving or 1/4 cup 3/4 cup 3/4 cup Milk
24 2 Year Olds 1/2 slice\serving or 1/4 Cup 1/4 Cup 1/2 Cup Milk	25 MELON RITZ(WG) WATER	26 CEREAL MIX(WG)	27 ANIMAL CRACKERS BANANAS WATER	28 WHEAT THINS(WG) APPLESAUCE WATER	29 REFRED BEANS & CHIPS	30 *WG = Whole Grains

*This institution is an equal opportunity provider.