March Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Whole, unflavored milk is served to children one year of age and 1 percent, unflavored milk to all children two years of age and older.	**				Chicken Noodles Soup With Peas & Carrots Apples	2
3 18 Months— 2 Year Olds 1/2 Oz - Grain 1 Oz - Meat 1/8 Cup - Vegetable 1/8 Cup- Fruit 1/2 Cup Milk	4 Bean and Cheese Tostadas Corn Apples	5 Mac & Cheese With Ground Turkey Green Beans Fruit Cocktail	BBQ Chicken With Roll (WG) Salad Peaches	7 Chicken Teriyaki Brown Rice (WG) Broccoli Pineapple	8 Ground Turkey With Tortilla Chips Salad Pears	9 18 Months— 2 Year Olds 1/2 Oz -Grain 1 Oz - Meat 1/8 Cup -Vegetable 1/8 Cup- Fruit 1/2 Cup Milk
10 3-5 Year Olds 1/2 Oz - Grain 1 1/2 Oz - Meat 1/4 Cup Vegetable 1/4 Cup Fruit 3/4 cup Milk	Turkey Tacos Corn Applesauce	Turkey & Cheese Wrap (WG) Tater Tots Pineapple	Chicken Brown Rice (WG) Broccoli Mandarin Oranges	Mini Cheese Pizza Peas Melon	Chicken Alfredo Green Beans Peaches	16 3-5 Year Olds 1/2 Oz -Grain 1 1/2 Oz - Meat 1/4 Cup Vegetable 1/4 Cup Fruit 3/4 cup Milk
17 6-12 Year Olds 1 Oz- Grain 2 Oz- Meat 1/2 Cup Vegetable 1/4 Cup Fruit 1 Cup—Milk	Spaghetti w/ Ground Turkey Salad Peaches	Turkey & Cheese Sandwich (WG) Baby Carrots Apples	20 Spanish Rice (WG) With Beans Peas & Carrots Mandarin Oranges	Chicken Burrito (WG) Green Beans Pears	Chicken Salad Tortilla Chips Salad w/ Ranch Oranges	6-12 Year Olds 1 Oz- Grain 2 Oz- Meat 1/2 Cup Vegetable 1/4 Cup Fruit 1 Cup—Milk
24	Chicken Quesadillas (WG) Corn Pears	26 Baked Ziti (WG) With Ground Turkey Peas Oranges	27 Sloppy Joes Salad Fruit Cocktail	Bean & Cheese Burrito (WG) Green Beans Mandarin Oranges	29 Chicken Noodles Soup With Peas & Carrots Apples	30
*This institute is an equal opportunity provider.						*WG -Whole Grains